



Pollinosan Allergy Nasal Spray

HAYFEVER



For runny, itchy and blocked noses

Suitable for children

Read this information carefully before you start using Pollinosan Allergy Nasal Spray. **DO NOT THROW THIS LEAFLET AWAY!** It contains important information. If you have any questions about Pollinosan Allergy Nasal Spray please ask your healthcare provider, pharmacist or distributor.

1. What is Pollinosan Allergy Nasal Spray and what is it used for

Pollinosan Allergy Nasal Spray is a nasal spray for treatment and prevention of allergic rhinitis symptoms. Pollinosan Allergy Nasal Spray is a medical device which contains Ectoin®, a natural cell-protective molecule with inflammation-reducing and membrane-stabilising properties. Pollinosan Allergy Nasal Spray is a hypertonic solution and decongests the nose in a natural way. Pollinosan Allergy Nasal Spray reduces the harmful influences of allergens. It supports the regeneration process of irritated nasal mucosa caused by allergens. Pollinosan Allergy Nasal Spray reduces allergen induced inflammations of the nasal mucosa. Alleviates allergic symptoms like runny nose, itchy nose, and nasal congestion. Pollinosan Allergy Nasal Spray is free of preservatives. Pollinosan Allergy Nasal Spray is suitable for sensitive noses and has no habituation effect.

2. Warnings and precautions

Pollinosan Allergy Nasal Spray should not be used in the case of hypersensitivity to Ectoin® or any of the other ingredients of the nasal spray.

- If allergic reactions occur, the use of Pollinosan Allergy Nasal Spray must be discontinued immediately.
- Do not use if the device is damaged or punctured.
- To ensure safe hygiene, each nasal spray bottle should only be used by one person.
- Do not use for more than 3 months after opening.
- Pollinosan Allergy Nasal Spray should be kept out of reach of children.

3. What you need to know before using Pollinosan Allergy Nasal Spray

There is no data available regarding interactions between Pollinosan Allergy Nasal Spray and other topical nasal treatments.

4. How to use Pollinosan Allergy Nasal Spray

Always use Pollinosan Allergy Nasal Spray according to these instructions for use.

If not otherwise prescribed by your healthcare provider:

Adults and children over 2 years of age: 1-2 sprays in each nostril several times a day.

Children under 2 years of age: 1-2 sprays in each nostril several times a day, for a maximum of 10 applications per day.

There are no dosage restrictions for persons over 2 years of age. Do not use Pollinosan Allergy Nasal Spray for more than 30 consecutive days.

Before using Pollinosan Allergy Nasal Spray for the first time or if the spray function is impaired, take off the cap and pump the bottle 2-3 times in an upright position to release the air from the pump. Do not cut the tip.

1. Gently blow your nose to clean your nostrils.
2. Remove the cap from the bottle.
3. Hold the bottle with your index and middle finger on either side of the finger rests and your thumb underneath the bottle. Bend your head slightly forward and close one nostril by gently pressing against the side of your nose with your finger.
4. Insert the tip of the spray into your nostril. While pressing down the pump quickly and firmly, breathe in gently through the nose.
5. Insert the tip into your other nostril.
6. Repeat steps described above for the other nostril.
7. Wipe the exposed tip of the bottle with a clean lint-free cloth.
8. Replace cap on the bottle.

5. Possible side effects of Pollinosan Allergy Nasal Spray

Pollinosan Allergy Nasal Spray is well tolerated. Up to now, no regularly occurring or persisting side effects are known. Please inform your healthcare provider, pharmacist or distributor of the product if you notice side effects that are associated with the use of Pollinosan Allergy Nasal Spray. If conditions persist or worsen, contact your healthcare provider or pharmacist.

6. How to store Pollinosan Allergy Nasal Spray

The expiry date of Pollinosan Allergy Nasal Spray is printed on the box and on the bottle.

Pollinosan Allergy Nasal Spray must not be used after the expiry date.

Pollinosan Allergy Nasal Spray should be stored between 2 °C – 25 °C.

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7. Additional information

If Pollinosan Allergy Nasal Spray is applied within its intended use, there is no evidence of particular risk during pregnancy or breast-feeding.

Pollinosan Allergy Nasal Spray is suitable for children.

Children 10 years of age and younger and patients unable to use Pollinosan Allergy Nasal Spray on their own should be assisted during the application of Pollinosan Allergy Nasal Spray.

8. Contents of Pollinosan Allergy Nasal Spray

20 ml solution. One spray contains 0.14 ml solution.

Ingredients

Ectoin®, sea salt, water and phosphate buffer.

9. Legal Manufacturer

Manufacturer

 bitop AG
Stockumer Str. 28,
58453 Witten,
Germany

Distributor:

UK: A.Vogel Ltd, 2 Brewster Place, Irvine, Ayrshire
KA11 5DD
Tel: 01294 277344
www.avogel.co.uk

Care for the environment

A.Vogel strives to minimise the impact on the environment. As far as possible our packaging materials are produced using environmentally friendly methods. These can be incinerated without any harmful impact on the environment or they are suitable for recycling.

The text of this leaflet was most recently revised in August 2022.

-  Manufacturer
-  Use by date (expiry date)
-  Lot number
-  Please consider the instructions for use
-  Temperature limitation
-  Recycle
-  CE symbol
-  Do not use if the packaging is damaged or punctured

